

1 John 3:9 NLT

Those who have been born into God's family do not make a practice of sinning, because God's life is in them.

Galatians 5:22–26 NKJV

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law. 24 And those who are Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit. 26 Let us not become conceited, provoking one another, envying one another.

1. MEEKNESS IS

Meekness Greek *Prautes* - gentleness, Mildness i.e. humility.

A strong willed person who has learned to bring his strength under control;

- in rare instances, describes wild animals they were domesticated and brought under control.
- in a medical sense, it's denotes a soothing medication to calm the angry mind; it's depicts one so gentle that he becomes soothing medicine for the angry or upset soul or for a troublesome or unsettling situation.

Many people confuse Meekness with weakness but in fact it's the exact opposite. Meekness is the demonstration of strength.

Meekness is a demonstration of skill and strength.

2. MEEKNESS & AUTHORITY

Numbers 12:3 KJV

Now the man Moses was very meek, above all the men which were upon the face of the earth.

Isaiah 40:29 NKJV

He gives power to the weak,
And to those who have no might He increases strength.

Hebrews 11:27 NKJV

By faith he forsook Egypt, not fearing the wrath of the king; for he endured as seeing Him who is invisible.

3. A MEEK HEART

James 4:6 NKJV

But He gives more grace. Therefore He says: "God resists the proud, But gives grace to the humble."

Psalms 51:17 NKJV

The sacrifices of God are a broken spirit, A broken and a contrite heart— These, O God, You will not despise.