

The 4 C's Commit

Your Job David is to help me cultivate my will and purpose in the lives at your church

Three Bodies

1. Your natural body many parts to accomplish a common goal. Your natural body needs every member; every part is important.

- if you separate your finger from the body it will not work right
- it is disconnected from its source of life
- pretty soon it is going to stink

2. Local church Body

If we, in unity all say the same thing and do the same thing; there is nothing we can't accomplish.

3. Universal body of Christ

Think of what we could do if we were one?

Each week over 110 million people go to church somewhere in America. Let me put that into perspective.

If you take all the people who have ever gone to a

- Football
- basketball game,
- baseball game,
- tennis match,
- Nascar

More people will be in church this weekend than will go to all the sporting events combined in America in an entire year.

For many of those people they have no idea why they attend church.

- **Some of them go out of tradition.**

- **Some of them go out of guilt.**
- **Some of them go out of habit.**

Why would we all get out of bed this morning and come to church?
Why do we?

What purpose do we do this for?

III: My church experience

What if I told you there was a well-researched and statistically proven program that on average can:

- increase the average life expectancy of your children by 8 years
- significantly reduce your child's use and risk from Alcohol, Tobacco and Drugs
- dramatically lower their risk of suicide
- help them rebound from depression 70% faster
- dramatically reduce their risk for committing a crime
- improve their attitude at school and increase their school participation
- reduce their risk for rebelliousness
- reduce the likelihood that they would binge drink in college
- improve their odds for a "very happy" life
- provide them with a life-long moral compass
- provide children with a caring extended family
- get them to wear their seat-belts more often
- ***and will also statistically improve the odds that they will lead an active church life in their adults years***

Is there such a program?

YES,

And it is supported by research from Duke University, Indiana University, The University of Michigan, The Center for Disease Control, Barna Research Group,

Gallup, Pew, and the National Institute for Healthcare Research.

How much would a program like this be worth to you?

What if I told you it was free, and only took about 2 hours a week?

SIGNIFICANTLY reduced likelihood of life problems and risky behaviors, and stand to significantly improve their odds of a happier, healthier, and longer life. These studies show the same results for adults as well.

Heb 10:25 “not forsaking the assembling of yourself”

WHY WE NEED A CHURCH FAMILY

1. To center your life around God through worship.

Worship is simply building your life around God.

Centering your life around God.

God didn't put you on earth to live a self-centered life.

- **God wants to be the hub of your heart,**
- **the axis of your existence,**
- **the core of your being,**
- **the focus of your attention.**
- **He wants to be the center of your life.**

The Bible calls that worship.

Anytime God is the center of your life you are worshipping God.

How do you know if God is really at the center of your life? It's real simple.

You stop worrying.

Worry is the symptom, **the warning light** that God's not the center of your life. You will always in life either be worshipping or worrying. Those are the alternatives. When God is not the center of your life -- when anything else,

- your career becomes the center of your life,
- your family becomes the center of your life,
- your money becomes the center,

ILL: Israel walked in peace when they worshiped and walked with God

I will keep him in perfect peace who's mind is stayed upon me

ILL: Don't unplug the light... my car could not pass emissions... I wanted to turn off the light... fix the problem and the light will go off

Any time anything except God takes the center place in your life you're going to be prone to anxiety. Prone to fear. Prone to worry.

Matthew 22:37

"Love the Lord your God with all your heart and soul and mind. This is the first and greatest commandment." Circle "first and greatest."

God says the most important thing you can do with your life, the most important thing you can do is know and love God.

We worship God with our time

We worship God with our songs

We worship God around His Word

John 4:24

²³ But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. ²⁴ God *is* Spirit, and those who worship Him must worship in spirit and truth."

We worship him in truth by living the life and the light that he gave us in church

Why? Because that's the first purpose of your life.

Unfortunately many people go all through life and never get that relationship to God and they miss the first purpose of life.

Learn to worship God every day. Worship is not just for weekends.
Worship is every day

Psalms 27:1-4

LORD is my light and my salvation;

Whom shall I fear?

The LORD *is* the strength of my life;

Of whom shall I be afraid?

² When the wicked came against me

To eat up my flesh,

My enemies and foes,

They stumbled and fell.

³ Though an army may encamp against me,

My heart shall not fear;

Though war may rise against me,

In this I *will be* confident.

⁴ **One thing** I have desired of the LORD,

That will I seek:

That I may dwell in the house of the LORD

All the days of my life,

To behold the beauty of the LORD,

And to inquire in His temple.

2. Living Water

Exodus 17:5

⁵ And the LORD said to Moses, "Go on before the people, and take with you some of the elders of Israel. Also take in your hand your rod with which you struck the river, and go. ⁶ Behold, I will stand before you there on the rock in Horeb; and you shall strike the rock, and water will come out of it, that the people may drink."

Numbers 20:8-11 speak to the rock

It will keep you clean

Eph 5:25

25 Husbands, love your wives, just as Christ also loved the church and gave Himself for her, **26** that He might sanctify and cleanse her

with the washing of water by the word, 27 that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish.

III: The water fall that always stayed fresh and clean... it went through the light

The light killed the impurities... it was moving it was active it was living.

We have this living water that that is designed to heal, refresh, cleanse and to bring life to a dry barren land.

It washes us by the washing of the water of the word.

Every Sunday when i leave here I feel so refreshed. It seems like God makes it a point to speak to me through many of you.

III: Leslie... “they that are planted in the house of the Lord shall flourish”.

3. To Grow Up

Eph 4:7-16

*“When He ascended on high,
He led captivity captive,
And gave gifts to men.”^[b]*

9 (Now this, “He ascended”—what does it mean but that He also first^[c] descended into the lower parts of the earth? 10 He who descended is also the One who ascended far above all the heavens, that He might fill all things.) 11 And He Himself gave some *to be* apostles, some prophets, some evangelists, and some pastors and teachers, 12 for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, 13 till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ; 14 that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, 15 but, speaking the truth in love, may grow up in all things into Him who is the head—Christ— 16 from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

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